**Birmingham City Schools**

**Coronavirus/COVID-19 Precautions**

**PRE-SCREENING ATHLETES UPON ARRIVAL TO WORKOUTS/PRACTICE**

**Athlete Name: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ DOB:\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ Today’s Date:\_\_\_\_\_\_\_\_\_\_**

**Have you or anyone in your family had any of the following symptoms in the last 48 hours (Y or N)?**

**\_\_\_\_Fever greater than or equal to 100.4° \_\_\_\_Subjective fever (felt warm to you)**

**\_\_\_\_Cough (more than their normal chronic cough) \_\_\_\_Shortness of breath**

**\_\_\_\_ Runny nose or nasal congestion \_\_\_\_New loss of taste or smell**

**\_\_\_\_Chills, muscle pain, sore throat**

**AND/OR**

**\_\_\_\_Has been in contact with someone who has tested positive for the COVID-19 virus**

**\_\_\_\_NONE OF THE ABOVE**

**List two places you have been in the last 24 Hours \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_**

**TEMPERATURES**

**Date Temperature Any Changes from Questions Above Travel**

**Monday -6/1/20 \_\_\_\_\_\_\_\_\_\_\_ \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ \_\_\_\_\_\_**

**Tuesday – 6/2/20 \_\_\_\_\_\_\_\_\_\_\_ \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ \_\_\_\_\_\_**

**Wednesday – 6/3/20 \_\_\_\_\_\_\_\_\_\_\_ \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ \_\_\_\_\_\_**

**Thursday – 6/4/20 \_\_\_\_\_\_\_\_\_\_\_ \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ \_\_\_\_\_\_**

**Friday – 6/5/20 \_\_\_\_\_\_\_\_\_\_\_ \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ \_\_\_\_\_\_**

**\*If student-athlete is turned away due to positive symptoms please list date and parental notification**

**Date: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ Parent: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_**

**POLICY AND PROCEDURES TO FOLLOW:**

**Student-Athlete cannot be dropped off.**

**Screening must take place before parent(s) leaves the student.**

**All pre-screens must be conducted outside of the facility, and students are not granted access unless all components are satisfactory.**

**\*\*If the answer to any of the above is “yes”**

1. **Athlete will not be allowed entrance to the facility.**
2. **Athlete that is being dropped off by parent will be released to parent and parent will be advised to seek medical attention with the primary care physician.**
3. **No primary care physician, contact Children’s of Alabama Adolescent Clinic**
4. **ATHLETE WILL NOT BE ALLOWED TO RETURN UNTIL A DATED NOTICE OF CLEARANCE FROM A PHYSICIAN**

**\*\*If all answers are no, and the temperature is normal\*\***

1. **Athlete will wash hands upon entering the building, and report to the designated area for his/her group.**
2. **Only athletes, coaches, athletic-trainers, and other essential personnel are allowed in the facility. NO PARENTS or SPECTATORS**
3. **Coaches are responsible for ensuring the athletic facility, weight room, athletic equipment, etc. are clean and disinfected before and after usage. A 15 minute “drying period” is recommended between cohort disinfecting.**

**Refer to the AHSAA Medical Advisory’s Best Practice for detailed expectations.**

If a positive case is identified within the program, the cohort to which that coach or student was assigned and in contact with must be removed from the workouts while all members of the cohort begin to self-isolate.

If the confirmed individual regularly had close contact outside a single cohort and with other members of the team, all of the student-athletes and coaches with whom the confirmed individual had close contact must be removed from workouts for a two week isolation period.

Any coach or student who experiences any of the symptoms of COVID should self-isolate until the below conditions have been met.

* In the case of an individual who was diagnosed with COVID-19, the individual may return after at least three days (72 hours) have passed since recovery (resolution of fever without the use of fever-reducing medications); there is an improvement in respiratory symptoms (e.g., cough, shortness of breath); and at least 14 days have passed since symptoms first appeared;
* In the case of an individual who has symptoms that could be COVID-19 and **does not get evaluated by a medical professional or tested for COVID-19, the individual is assumed to be positive for COVID-19,** and the individual may not return to workouts until the individual has completed the same three-step criteria listed above; or
* If the individual has symptoms that could be COVID-19 and wants to return to workouts before completing the above self-isolation period, the individual must obtain a medical professional’s note clearing the individual for return based on an alternative diagnosis.

Any student or coach living with someone who experiences any of the symptoms of COVID, whether they have a positive COVID test or not, should self-isolate for two weeks. If they do not experience any COVID symptoms during that period, they can return to summer workouts. If they experience symptoms, they must self-isolate until the conditions outlined above have been met.